



Club One AZ | Player/Parent Handbook

(Terms & Conditions of Membership)

Club One AZ Vision: Leverage the sport of volleyball to develop competitive, service-minded athletes with strong character and a hunger to learn.

Mission: Club One AZ has operated as a not-for-profit 501(c)(3) entity serving the volleyball community in Arizona since 2010. Through our club we strive to build:

- Character through the challenges that training and competition provide.
- Systems of education that can be duplicated from one generation to the next.
- Futures for athletes who desire to compete at higher levels.
- Selflessness by nurturing an atmosphere of giving back some of what has been given to you.

To achieve these goals, we endeavor to:

- Provide the highest quality coaching in a challenging but nurturing environment.
- Develop a supportive and participatory relationship with our athletes and parents.
- Partner with organizations that can help us reach our ultimate goals of instilling character, learning, competition & community.

Values:

- Excellence
- Integrity
- Respect
- Commitment
- Discipline

Club One AZ Code of Conduct

To help us reach our goals, we expect our players and parents to embrace our same high standards. The USAV AZ Region has defined both Player and Parent *Code of Conduct, SafeSport, and COVID-19* practices (see AZ Region web site) and we expect both player and parent to know and adhere to them.

Additionally, we dictate:

Players:

- Attend all training sessions, games and tournaments as scheduled. If there will be a schedule conflict, the player must approve it with their coach ahead of time.
- Wear the Club One AZ issued training and game gear.
- Show proper respect to teammates, coaches, officials, parents, and training/tournament facilities.
- Maintain a neat and orderly “team area” at each training session and game/tournament. Placing bags, water bottles, etc in designated areas only and “**Leaving it Better**” when done.
- Adhere to any additional Coach/Team requirements as presented at your team meeting.
- Any misunderstandings or concerns related to playing time, team dynamics, etc should be brought to the coaches attention by the player right away. Any additional escalation, if needed, will follow the Conflict Resolution process as outlined later in this document.

Parents:

- Are to set a positive example for all players by being courteous towards every team member, coaches, other team parents, opponents players & parents as well as officials - at all times.
- Are not to engage in coaching from the sidelines or calling instructions to players during contests or training.
- Understand that what is said in the car on the way to and from training and/or games/ tournaments, and in the home, significantly influences your child's ability to learn and grow as an athlete and teammate. Embrace the process by positively supporting your child!
- Understand that team sports afford an incredible opportunity for growth and maturity for your child, no matter the circumstances. Choosing to see the "big picture" with a positive perspective — win or lose, lots of play or minimal play — will enhance your child's experience, and foster better relationships between all participants, including you.
- Will make every effort to promote a positive outlook toward your child's volleyball experience, and handle grievances in a respectful manner — setting a great example for all — following our Conflict Resolution process as outlined later in this document.

Deviation from these dictates, the USAV AZ Region *Code of Conduct or SafeSport* requirements will result in loss of privileges up to and including expulsion from Club One AZ.

Training Philosophy

Hard work, a teachable/coachable spirit, and a positive attitude are crucial elements of becoming a successful athlete -- and teammate. Every Club One AZ player should commit to putting forth their best effort to foster these qualities within themselves, and bring them to every training session and tournament. Respect for self and others promotes a positive training atmosphere where all can get better.

Skills development plays a major role in an athlete's long-term success. Club One AZ endeavors to provide an environment rich in skills training so that each athlete is equipped to be successful at their level of play, while be prepared to advance to the next. An educational approach to teaching the "whole" of the game goes hand in hand with proper incremental skills development.

Each age and developmental level is trained with the goal of acquiring, a. Player improvement and growth, b. Team improvement and success. Player attendance, work ethic, and attitude play a significant role in the process.

Club One AZ endeavors to train every athlete to embrace the rigors and mentality of competition and grow incrementally through that process at every level of play.

Practice Attire

Our desire is to build a sense of community within Club One AZ - each of us as a member within the larger whole - **We Are One**. One way we accomplish this is with our gear. Each player will be provided specific gear for training as well as for games. Players are to wear that gear to each training and game/ tournament. If a player needs additional gear, for what ever reason, they can purchase more as available.

Travel Guidelines

We play together, we stay together. When we travel, we are ambassadors of the Arizona Region volleyball community at large, Club One AZ Volleyball and your team specifically. Additionally, as individuals, your conduct reflects on your family - your paternal family right along with your Club One AZ family. We will **Represent** our families well!

Travel attire will be team oriented and matching. It will be modest and respectful - reflecting our conduct. Specific travel attire and arrangements will be communicated prior to each travel event by your coaches.

Club travel is a privilege and carries with it responsibility. Should a player (or parent) disregard conduct guidelines while on travel, Club One AZ reserves the right to send the player home at their own expense. If deemed necessary, they may be removed from the team roster for the sake of the team.

Playing Time

The #1 concern parents and players have related to club volleyball seems to revolve around playing time. **It must be understood that membership on a Club One AZ Volleyball team does not guarantee a certain amount of, or "equal" playing time.** Playing time will vary depending on team, level of competition, position, tournament goals, as well as many other factors related to, but not limited to, an athlete's attendance, attitude, work ethic, performance in practices, as well as the overall team configuration. It is our desire for all Club One AZ players to have a great experience, to be challenged and improve through equitable practice opportunities, and enjoy the tournament experience both on and off the court.

In general, there will be more of an emphasis on playing time on the younger/developmental, and regional teams. But, for those teams participating in seeding tournaments, higher level competitions, or national qualifiers, individual playing time is secondary to team advancement and success.

Electronic Communication & Social Media

Club One AZ recognizes the prevalence of electronic communication and social media in today's world. Many of our members, student-athletes, coaches, and parents use these means as their primary method of communication and information sharing. While we acknowledge the value of these tools, we also realize that there are associated risks that must be considered.

Electronic Communication

All communications between a coach or other adult staff member and an athlete will be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communications will adhere to the USA Volleyball *Code of Conduct* regarding Athlete Protection as well as *Safe Sport* guidelines for electronic activity.

With respect to appropriate electronic communications, a simple test that should be used is whether the communication is Transparent, Accessible and Professional.

- Transparent: All electronic communication between coaches and athletes should be transparent - not only clear and direct, but also free of hidden meanings, innuendo and expectations.
- Accessible: All electronic communication between coaches and athletes should be considered a matter of record and part of Club One AZ's records. Whenever possible, it should include another coach or parent in the communication so there is no question regarding accessibility.

- Professional: All electronic communication between a coaches and athletes should be conducted professionally. This includes word choice, tone, grammar and subject matter that model the standards and integrity of a Club One AZ staff member or player.

Social Media

Club One AZ has official Facebook, Instagram and Twitter sites that athletes and their parents should “like” or “follow” for information and updates on club and team-related matters.

Best Practices

- Facebook - follow us at *Club One AZ*. Coaches will not accept “friend” requests to their personal pages.
- Instagram - follow us at *@cluboneaz*. Coaches will not share their personal site with athletes.
- Twitter - follow us at *@cluboneaz*. Coaches will not have direct contact with athletes.
- Texting - shall be used for the purpose of communicating information directly related to team activities and include another coach or parent.
- Email - shall be used for the purpose of communicating information directly related to team activities and include another coach or parent.
- Snapchat & any other instant messaging media - shall only be used in groups and include another coach or parent.

Warning

Electronic bullying, intimidation, slander, harassment, ostracizing, lewdness, and other such activity will not be tolerated. By choosing to be a member of Club One AZ, you are choosing to have a team first, above reproach mindset, reflected in your actions. Club One AZ reserves the right to address any electronic activity that deviates from these standards. Consequently, player and parents understand that a player will be removed from the roster if it is deemed in the best interest of the team/club.

Treat others as you would want to be treated yourself.

Conflict Resolution

Our desire is for a smooth and competitive season of personal and team growth. We realize in the wake of this pursuit, conflict will likely arise. We have put systems in place to mitigate unnecessary discord and we will manage any conflict through open communication. That said, any grievances are to be communicated **separate** from the practice and tournament environment. Players & parents **MAY NOT** approach coaches during practice or on a tournament day with grievances. This includes texting/calling/ emailing the coach during these times.

We expect adherence to a “24hr Rule” for the healthiest and most productive means of resolution when choosing to bring issues to the attention of the coach or directors. We do understand there are times when there needs to be formal discussion, and we offer these steps in addressing potential contention.

1. **Player/Coach**. Always start the conversation with the direct party. Since the potential for misunderstanding seems to initiate between player and coach, we expect that this is where the conversation will begin - not between parent and coach. We believe that open communication can resolve misunderstanding better than anything.

2. **Player/Parent/Coach.** If issues are not resolved through the player and coach dialogue, then the parent may be brought into the conversation. Again, this is to be a constructive event, so we expect that player and parent would respect the coach's time and set up a specific time (*outside of practice or tournament day*) to have that conversation. We will respect our coaches' wishes and if they desire a director be present for the meeting, we will comply. Since misunderstanding seems to involve the player, it is expected that the player be present.
3. We understand that there may be times when parties wish to meet directly with club Directors first to discuss grievances related to team or coaching issues. Requests to do so may be accommodated, with the understanding that the above protocol (steps 1-2), when handled in a respectful manner, are the best approach, and that at the Directors' discretion, coaches will be notified and/or invited to participate in the meeting.
4. **Player/Parent/Coach/Director** and others. Our desire is that potential issues will be resolved without reaching this level of escalation, but we realize that we don't live in a perfect world. If such a meeting needs to take place, we, the Directors, reserve the right to request the presence of other coaches, players, parents, AZ Region officials or board members in order to fully vet the issue at hand. The Directors will consider all pertinent input by said parties, and make every effort to foster an agreeable resolution. If resolution between the conflicting parties can not be accomplished, the Directors reserve the right to make any final determinations in said Club-related matters.

We realize that additional topics for consideration may come up over the season. We hope that our Parent Forums will allow for open dialog to discuss them as they arise. If not, feel free to contact us.

Thanks again,

David & Larisa Ronda

Directors



(Player copy)

Club One AZ | Player Contract Agreement

I hereby acknowledge that participation in athletics can result in injury. To the best of my knowledge, my child is in good physical condition and fully able to participate in the Club One AZ Volleyball program. I hereby agree and promise that I will not hold Club One AZ, its employees, members, or any other associated entities responsible for any loss, damage, or personal injury as a result of my child's participation and authorize the staff of Club One AZ and its agents to act on my behalf and in accordance with their best judgement in an emergency requiring medical attention.

I hereby agree to assume full responsibility for all medical and transportation expenses that may arise from any actions taken in good faith by the staff of Club One AZ or its agents.

I hereby agree to comply with all rules and regulations set down by USA Volleyball, the Arizona Region of USA Volleyball, and the Terms and Conditions of Membership for Club One AZ.

I hereby acknowledge that I have a financial obligation for Players Fees, in their entirety, when they are due. Failure to meet my obligation will result in loss of privileges. All fees associated with delinquent accounts will be the responsibility of the member, including fees assessed by the AZ Region, USAVolleyball, or AAU.

I hereby agree that Club One AZ has the duty to dismiss or terminate a player for disciplinary reasons that include, but are not limited to violations of: Player Code of Conduct, Parent Code of Conduct, breach of Terms and Conditions of Membership; local, state or federal laws; conduct unbecoming to the mission of Club One AZ; academic expulsion, etc.

I hereby acknowledge that if my membership is terminated prior to the end of the season, by my choice or actions deemed dismissible by Club One AZ, I am still responsible to meet all of my outstanding financial obligations.

I hereby agree that Club One AZ may use Media of my participating child, on its website or other promotional literature. This media may include, but are not limited to: photographs, video, or other multimedia.

I hereby agree that Club One AZ may publish and release my child's personal information as allowed by USAV guidelines: including, but not limited to: school information, graduation date, GPA, standardized test results, awards, address, phone, and email. This information may be made available to college coaches, representatives, and recruiting agencies for the sole purpose of student-athlete recruitment.

I hereby agree to indemnify and hold harmless Club One AZ, its officers, members, employees and any organization co-sponsoring the program, from and against any and all liability arising out of or in any way connected with the use or publication of this media.

I acknowledge that I have read and understand the Player Contract Agreement. I understand that these terms apply to the Player, Parents/Guardians and siblings of said player, when present at a Club One AZ, AZ Region and/or USAV/AAU sanctioned event. I enter into this contract freely and agree to abide by its intent and purpose.