



# Club One Player/Parent Handbook

(Terms & Conditions of Membership)

**Club One Vision:** Leverage the sport of volleyball to develop competitive, service-minded athletes with strong character and a hunger to learn.

**Mission:** Club One has operated as a not-for-profit 501(c)(3) entity serving the volleyball community in Arizona since 2010. Through our club we strive to build:

- Character through the challenges that training and competition provide.
- Systems of education that can be duplicated from one generation to the next.
- Futures for athletes who desire to compete at higher levels.
- Selflessness by nurturing an atmosphere of giving back some of what has been given to you.

To achieve these goals, we endeavor to:

- Provide the highest quality coaching in a challenging but nurturing environment.
- Develop a supportive and participatory relationship with our athletes and parents.
- Partner with organizations that can help us reach our ultimate goals of instilling character, learning, competition & community.

**Values:**

- Excellence
- Integrity
- Respect
- Commitment
- Discipline

## **Club One Code of Conduct**

To help us reach our goals, we expect our players and parents to embrace our same high standards. The USAV AZ Region has defined both Player and Parent Code of Conduct expectations (see AZ Region web site). Additionally, we dictate:

**Players:**

- Attend all training sessions, games and tournaments as scheduled. If there will be a schedule conflict, the player must approve it with their coach ahead of time.
- Wear the Club One issued training and game gear.
- Show proper respect to team mates, coaches, officials, parents, and training/ tournament facilities.
- Maintain a neat and orderly “team area” at each training session and game/ tournament. Placing bags, water bottles, etc in designated areas only.
- Adhere to any additional Coach/Team requirements as presented at your team meeting.

- Any misunderstandings or concerns related to playing time, team issues, etc should be brought to the coaches attention by the player first.

#### **Parents:**

- Are to set a positive example by being courteous towards team members, coaches, team parents, opponents players & parents as well as officials at all practices, games and tournaments.
- Are not to engage in coaching from the sidelines or calling instructions to players during contests or training.
- Understand that what is said in the car on the way to and from training and/or games/ tournaments, and in the home, significantly influences your child's attitude.
- Understand that team sports afford an incredible opportunity for growth and maturity for your child, no matter the circumstances. Choosing to see the "big picture" with a positive perspective at all times — win or lose, lots of play or minimal play — will enhance your child's experience, and foster better relationships between all parties, including parent and child.
- **Therefore:** Make every effort to promote a positive outlook toward your child's volleyball experience, and handle grievances in an "adult-like", respectable manner, following our conflict resolution guidelines. (Defined later in this document.)

Deviation from these or the AZ Region Code of Conduct will result in loss of privileges up to and including expulsion from future participation at Club One.

#### **Training Philosophy**

Hard work, a teachable/coachable spirit, and a positive attitude are crucial elements of becoming a successful athlete -- and individual. Every Club One player should commit to putting forth their best effort to foster these qualities within themselves, and bring them to every training session and tournament. Respect for self and others promotes a positive training atmosphere where all can get better.

Skills development plays a major role in an athlete's long-term success. Club One endeavors to provide an environment rich in skills training so that each athlete is equipped to succeed in their level of play, and to advance to the next. An educational approach to teaching the "whole" of the game goes hand in hand with proper incremental skills development.

Each age and development level is trained with the goal of acquiring, a. Player improvement and development, b. Team improvement and success. Player attendance, work ethic, and attitude play a significant role in the process.

Because the development of the athletes skill is paramount, winning matches may not be the primary outcome at the beginning of the season. As the season progresses & athletes grow in their skills, winning matches will become a natural outcome – don't focus on the team's W/L record, focus on team and individual skill/game improvement, especially with the younger, developmental teams.

## **Practice Attire**

Our desire is to build a sense of community within Club One – each of us as a member within the larger whole. One way we hope to accomplish this is with our gear. Each player will be provided specific gear for training as well as for games. Players are to wear that gear to each training and game/tournament. If a player needs additional gear, for what ever reason, they can purchase more as available.

## **Travel Guidelines**

We play together, we stay together. When we travel, we are ambassadors of the Arizona volleyball community at large, Club One AZ Volleyball and our team. Additionally, as individuals, our conduct reflects on our family – our paternal family right along with our Club One family. We will represent our families well!

Travel attire will be team oriented and matching. It will be modest and respectful – reflecting our conduct. Specific travel attire and arrangements will be communicated prior to each travel event by your coaches.

Club travel is a privilege and carries with it responsibility. Should a player (or parent) disregard conduct guidelines while on travel, Club One AZ reserves the right to send the player home at their own expense. If deemed necessary, they may be removed from the team roster for the sake of the team.

## **Playing Time**

The #1 grievance parents and players have related to club volleyball seems to revolve around playing time. **It must be understood that membership on a Club One Volleyball team does not guarantee a certain amount of, or “equal” playing time.** Playing time will vary depending on team, level of competition, position, tournament goals, as well as many other variables related to, but not limited to, an athlete’s attendance, attitude, work ethic, and performance in practices, as well as the overall team configuration. It is our desire for all Club One players to have a great experience, to be challenged and improve through equal practice opportunities, and enjoy the tournament experience both on and off the court.

In general, there will be more of an emphasis on playing time on the younger/developmental, and regional teams. But, for those teams participating in national qualifiers, seeding tournaments, or higher level competitions, individual playing time is secondary to team advancement and success.

Work Hard, Improve, Compete, Earn time on the Court. Everyone has a role... Contribute to the TEAM at all times and in all ways!

## Conflict Resolution

Our desire is for a smooth, conflict free season of personal and team growth. We have put systems in place to mitigate unnecessary discord, but we realize some level of friction is expected, and will manage it through open communication throughout the season. That said, any grievances are to take place outside & separate from the practice and tournament environment. Players & parents MAY NOT approach coaches during practice or on a tournament day with issues. Please adhere to a “24hr rule” for the healthiest and most productive means of resolution when choosing to bring issues to the attention of the coach or directors. We do understand there are times when there needs to be formal discussion, and we offer these steps in addressing potential contention.

1. Player/Coach. Always start the conversation with the direct party. Since the potential for misunderstanding seems to initiate with player and coach, we expect that this is where the conversation will begin – not between parent and coach. We believe that open communication can resolve discord better than anything.
2. Player/Parent/Coach. If issues are not resolved through the player and coach dialogue, then the parent should be brought into the conversation. Again, this is to be a constructive event, so we expect that player and parent would respect the coach’s position and set up a specific time (outside of practice or tournament day) to have the conversation. We will respect our coaches’ wishes and if they desire a director be present for the meeting, we will comply. Since misunderstanding seems to involve the player, it is expected that the player be part of the conversation.
3. We understand that there may be times when parties wish to meet directly with club Directors first to discuss grievances related to team or coaching issues. Requests to do so may be accommodated, with the understanding that the above protocol (steps 1–2), when handled in an adult-like manner, is the best approach, and that at the Directors’ discretion, coaches will be notified and/or invited to participate in the meeting.
4. Player/Parent/Coach/Director and others. Our desire is that potential issues will be resolved without reaching this level of escalation, but we realize that we don’t live in a perfect world. If such a meeting needs to take place, we, the Directors, reserve the right to request the presence of other coaches, players, parents, AZ Region officials or board members in order to fully vet the issue at hand. The Directors will consider all pertinent input by said parties, and make every effort to foster an agreeable resolution. If resolution between the conflicting parties can not be accomplished, the Directors reserve the right to make any final determinations in said Club-related matters.

We realize that additional topics for consideration may come up over the season. We hope that our Parent Forums will allow for open dialog to discuss them as they arise. If not, feel free to contact us.

Thanks again,  
David & Larisa Ronda  
info@cluboneaz.com

(copy)

# Player Contract Agreement

Player Name \_\_\_\_\_ Team \_\_\_\_\_

I hereby acknowledge that participation in athletics can result in injury. To the best of my knowledge, my child is in good physical condition and fully able to participate in the Club One AZ Volleyball program. I hereby agree and promise that I will not hold Club One AZ, its employees, members, or any other associated entities responsible for any loss, damage, or personal injury as a result of my child's participation and authorize the staff of Club One AZ and its agents to act on my behalf and in accordance with their best judgement in an emergency requiring medical attention.

I hereby agree to assume full responsibility for all medical and transportation expenses that may arise from any actions taken in good faith by the staff of Club One AZ or its agents.

I hereby agree to comply with all rules and regulations set down by USA Volleyball, the Arizona Region of USA Volleyball, and the Terms and Conditions of Membership for Club One AZ.

I hereby acknowledge that I have a financial obligation for Players Fees, in their entirety, when they are due. Failure to meet my obligation will result in loss of privileges. All fees associated with delinquent accounts will be the responsibility of the member, including fees assessed by the AZ Region.

I hereby agree that Club One AZ has the duty to dismiss or terminate a player for disciplinary reasons that include, but are not limited to violations of: Player Code of Conduct, Parent Code of Conduct, breach of Terms and Conditions of Membership; local, state or federal laws; conduct unbecoming to the mission of Club One AZ; academic expulsion, etc.

I hereby acknowledge that if my membership is terminated prior to the end of the season, by my choice or actions deemed dismissible by Club One AZ, that I am still responsible to meet all my outstanding financial obligations.

I acknowledge that I have read and understand the Player Contract Agreement. I understand that these terms apply to the Player, Parents/Guardians and siblings of said player, when present at a Club One AZ, AZ Region and/or USAV sanctioned event. I enter into this contract freely and agree to abide by its intent and purpose.

\_\_\_\_\_  
Parent/Guardian Name (PRINTED)

\_\_\_\_\_  
Player Name (PRINTED)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

(copy)

## Media Release Form

I hereby agree that Club One AZ may use Media of my participating child,

\_\_\_\_\_ on its website or other promotional literature.

This media may include, but are not limited to: photographs, video, or other multimedia.

Additionally, I agree that Club One AZ may publish and release my child's personal information as allowed by USAV guidelines: including, but not limited to: school information, graduation date, GPA, standardized test results, awards, address, phone, and email. This information may be made available to college coaches, representatives, and recruiting agencies for the sole purpose of student-athlete recruitment.

I agree to indemnify and hold harmless Club One AZ, its officers, members, employees and any organization co-sponsoring the program, from and against any and all liability arising out of or in any way connected with the use or publication of this media.

\_\_\_\_\_  
Parent Name

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date